

GRIEF IN THE WORKPLACE: LIVING WITH LOSS AT HOME AND AT WORK



Description

This workshop explores the human experience of loss and grief, both in personal life and at work. How losses impact people, regardless of whether they are at home or at work will be discussed. The effect of grief and bereavement on work colleagues, supervisors, managers and the organization as a whole will be examined.

Learning Outcomes

At the completion of this webinar participants will be able to:

- Define grief, mourning and bereavement, and describe the variables that influence grieving styles
- Describe current theory that emphasizes a continuing, healthy bond with the deceased loved ones
- Describe how to help yourself, your colleagues and your employees better cope with grief in the workplace
- Understand that grief can effect an employee's ability to focus and concentrate, their interest level in their work, their motivation, their energy levels, their ability to communicate and their work production
- Feel confident that you know what to say and what not to say when talking to a grieving person in the workplace
- Employers, managers and supervisors will understand their role in supporting a grieving employee and how to support the employee
- Understand how the workplace can be turned into a compassionate place for the bereaved
- List the resources available for grieving individuals in your work place and within your community

Designed For

Managers, supervisors, HR professionals, and employees, at the Corporate level, Crown Corporations, private businesses or Not-For-Profit organizations.

Presenter Profile

Sylvia Keall MSW, RSW is a contract grief and bereavement educator with the Greystone Bereavement Centre in Regina. As well as educating, Sylvia provides one-to-one and group support to bereaved individuals and families. Through the Greystone Bereavement Centre Sylvia is also a Program Consultant for Families of Missing Persons in Saskatchewan, which includes direct clinical counselling to families as well as program development and research in the area of Missing Persons. For over 25 years, Sylvia has worked in the areas of palliative care and bereavement care both in program development and clinical services.